



## *Spa Menu*

*'All treatments can be added to accommodation and Pamper Packages'*

### **MASSAGE THERAPY**

Aromatherapy, Swedish & Remedial

Duration 15 mins	Price \$20	(Scalp)
Duration 30 mins	Price \$45	(Back, neck & shoulders)
Duration 45 mins	Price \$75	(Pregnancy Massage)
Duration 1 hour	Price \$80	(Full body)
Duration 90 mins	Price \$120	(Hot Stone)

### **FACIALS**

#### **Rejuvenation Facial**

A mini facial beginning with a double cleanse, followed by an exfoliation, moisturizing masque and finishing with a skin balancing tone and moisturize.

**Duration: 30 min Price \$40**

#### **Honey Serum & Aloe Facial**

Facial begins with a double cleanse and then organic honey serum & aloe is applied to the skin and massaged to stimulate the lymphatic system, helping to remove toxins. This facial cleanses, tones & moisturizes. Skin will feel beautifully soft and radiate a healthy glow.

**Duration: 30 min Price \$45**

#### **Hydrating Facial**

Facial begins with a double cleanse, exfoliation, followed by a rose clay mask, then a glacial mud mask, balancing tone and moisturize. A gentle hydrating facial.

**Duration: 45 min Price \$60**

#### **Waterlily Botanical Facials**

##### **Waterlily Pick-Me-Up Facial**

Brighten, nourish and revitalise the complexion using a selection of nourishing cold pressed plant oils, natural botanicals, French clay and a hydrating infusion of aromatic essential oils.

**Duration: 30 min Price \$50**

##### **Signature Hydrating Botanical Facial**

Begins with a deep moisture locking cleanse followed by a Pink French clay and an exotic fruit gommage exfoliation. Melt into an exquisite reconditioning massage infused with a potent vitamin complex and passionflower crème masque. We then finish with a rich Moroccan rose moisture treatment to promote a dewy youthful complexion. Includes hydration for eyes and lips.

**Duration: 60 min Price \$80**

### **Signature Purifying Botanical Facial**

A therapeutic facial designed to deeply cleanse and decongest problematic acne prone skin.

A clarifying infusion of active ingredients deeply decongests and detoxifies while balance the skins natural pH.

A double cleanse is followed by a kiwi fruit enzyme steam exfoliation. Relax during a cold pressed oil balancing massage and purifying French clay masque. Finish with an antioxidant hydration treatment to promote healing and repair. Includes hydration for eyes and lips.

**Duration: 60 min Price \$80**

### **Waterlily Serum Infusion Facial**

An effective anti-ageing facial treatment combating devitalised and neglected skin while minimising the appearance of fine lines and wrinkles.

During this hydration facial your skin will be drenched in exquisite and sublimely aromatic botanical concentrates, tropical fruit enzymes, antioxidant vitamins and pure essential oils to promote healing, repair, and intense rejuvenation. This advanced facial delivers a revitalising deep cleanse, enzyme infused exfoliation, two botanical booster serums, reconditioning massage, French clay hydrating masque, and finishes with a replenishing moisturiser and eye treatment serum.

**Duration: 75 min Price \$90**

### **OmVeda Ayurvedic Facials**

#### **OmVeda Facial**

Depending on skin type, these exquisite facials begin with a sandalwood cleanse, skin rejuvenator and yogurt exfoliant, mango mask, followed by a fruit mask and finishing with a date moisturizer. Includes a scalp massage using hair oil formulated with fenugreek, dodder & sesame oil. This luxurious treatment and its beautiful aromas will awaken your senses and lift your spirit.

**Duration: 60 min Price \$90**

#### **OmVeda Royal Pearl Serenity Facial**

A totally indulgent and relaxing treatment that will leave your skin feeling soft, minimising fine lines, and reducing pigmentation. Pearl has been used for centuries for its rejuvenating properties, increasing elasticity and giving the skin a youthful glow. The indulgent Pearl Treatment starts with a deep cleanse using a traditional udwartan mixed with fresh organic milk and honey or yoghurt. This is followed by exfoliation preparing the skin for the application of pearl formulations enriched with precious ayurvedic herbs. The OmVeda Pearl Cream is generously applied with a luxurious facial massage based on traditional Ayurvedic techniques, followed by the OmVeda Pearl Mask. The treatment is accompanied by a relaxing hand massage using a rich OmVeda body lotion. Recognised for its significant rejuvenating and wrinkle prevention properties, finely ground Pearl Ash (Powder) contains nutritive elements that help strengthen the cell structure, improve moisture retention ability, brighten and lighten skin tone and refine texture. Rich in calcium, valuable minerals and amino acids, Pearl powder, when applied topically, helps to speed up the skin's metabolism reducing redness, minimising pores and healing blemishes, while reviving dry and lack lustre conditions. Creating absolute luminosity, with an immediate effect in just one treatment, it cools and calms, acts on capillaries, revives tired, dull and dry skin, greatly increases radiance, lightening hyper-pigmented areas, refines skin texture and restores an even tone.

**Duration – 60 min Price \$110**

#### **Omveda Diamond Facial**

This exquisite facial is the perfect way to treat your skin in need of repair and to decrease the signs of time and uncover a more radiant and healthier skin.

It incorporates a unique and exclusive complex of powerful Diamond Ash (Bhasam) and pure herbs formulated solely on the principle of Ayurveda. Diamond Ash, the major component and key anti-ageing ingredient, helps rehydrate, improve elasticity and refine texture. In addition each product contains a nourishing blend of skin enhancing benefits to deliver increased regeneration and cellular oxygenation, while minimizing fine lines and wrinkles. Diamond Ash has the power to improve cell metabolism, stimulate collagen production providing relief to tired skin and dulling skins, act on pigmentation and improve the overall state of the complexion and guard against inflammation.

**Duration 60 min Price \$115**

### **OmVeda 24 Carat Gold Facial**

Pure Gold is used for uplifting the spirits, has warming qualities which increases circulation and gives off heat. Gold is used to rejuvenate the skin giving back its lustre and glow. It is also ideal for dry and mature skin. Facial massage is incorporated to enhance the circulatory properties of the 24 Carat Gold. This treatment is wonderful for tired stressed skin giving it a radiant glow.

Duration – 75 min Price \$120

### **OmVeda Pure Silver Facial**

Pure Silver has cooling properties and is used for treating skin that is prone to redness, inflammation or sensitive to heat. A gentle facial massage and rejuvenation treatment soothes your skin.

Your skin will emerge hydrated and calmed.

**Duration – 75 min Price \$120**

## **HAIR & SCALP**

### **Waterlily Hair Treatment Masque - Add on treatment**

A pure botanical hair treatment to restore brilliance to tired, dry locks. The treatment masque provides intense conditioning to revitalise damaged hair. It will leave hair soft, silky, manageable and beautifully fragrant. Includes a scalp massage.

**Duration: 30 min Price \$35**

### **OmVeda Shiro Lepa - Hair & Scalp**

Indians are renowned for their thick and lustrous hair as a result of a daily application of oil and massage. Let us re-create this daily ritual by enveloping your hair and scalp in warm herbalised oils. An Ayurvedic Head, Neck and Shoulder massage follows to stimulate the circulation, promote hair growth and eliminate scalp dryness.

**Duration: 45 min Cost \$60**

## **BODY TREATMENTS**

### **Back Cleanse**

Beginning with a back exfoliation, a deep mineral mud pack is then applied to the back. After 10 minutes, mud is then removed. Finishing with a back massage and moisturize. A deeply relaxing treatment and cleansing for this hard to reach area.

**Duration: 45 min Price \$60**

### **Body Polish & Moisturize for Her**

Body is exfoliated with a foaming macadamia body polish to remove dead skin cells and revitalize and soften skin. Followed by a full body moisturise using an aromatic lotion.

**Duration: 60 min Price \$85**

### **Men's Body Scrub**

This masculine body scrub is formulated for male skin. Orange Peel exfoliates, Charcoal acts as a natural deodoriser and Betal Leaf provides antiseptic benefits. Followed by a full body moisturise.

**Duration: 60 min Price \$90**

### **Whitening Body Scrub**

This scrub is formulated to balance skin brightness and clarity. An effective and safe whitening treatment recommended for dull and dry skin. Followed by a full body moisturise.

**Duration: 60 min Price \$95**

### **Mud Wrapsody & Moisturize**

A warm deep sea mineral mud is applied to the body. Body is then cocooned in muslin and a sheet for about 20 minutes. After wrap is removed, mud is then washed off the body under a shower or removed with hot aromatic towels. The treatment finishes with a full body moisturize. This treatment is deeply relaxing and detoxifying. **(Contraindicated for pregnancy)**

**Duration: 60 min Price \$90**

### **Waterlily Signature Body Polish & Wrap Treatments**

**(Contraindicated for pregnancy)**

#### **Purifying Marine Body Polish & Wrap**

*Congested, oily, combination or acne skin, sluggish lymphatic system, fluid retention or cellulite prone skin.*

A deeply detoxifying treatment designed to combat congested, uneven and cellulite prone skin. A stimulating blend of essential oils steeped in pure marine extracts and active botanicals purify, decongest and stimulate to balance and revitalise the skin. Finishing with a marine hydration massage/moisturize.

**Duration: 90 min Price \$120**

#### **Hydrating Fruit Body Polish & Wrap**

*Devitalised or dull skin, dehydrated, dry or mature skin, sensitive skin, couperose skin*

Smoothing pink French clay creme mousse rich in a hydrating blend of exotic fruit extracts and pure plant oils deeply tones, brightens and regenerates the skin. A fresh blend of citrus rind essential oils with vitamins deeply hydrates and rejuvenates mature and devitalised skin. Finishing with a fruit hydration massage/moisturize.

**Duration: 90min Price \$120**

#### **Organic Honey & Cocoa Body Polish & Wrap**

*Overexposure to the sun, wind or extreme temperatures, dry, devitalised or dehydrated skin, sensitive, sun damaged, mature.*

A deliciously emollient treatment to deeply hydrate the skin with rich cocoa and honey steeped in vanilla creme mousse. The result is soft, supple, hydrated skin with baby soft tone and texture. Finishing with a vanilla bean & cocoa body creme massage/moisturize.

**Duration: 90 min Price \$120**

#### **Princess Royal Body Polish & Wrap**

*All skin types especially devitalised or dull skin.*

Hypnotic blend of essential oils with exotic extracts in a creamy French clay mouse provide an indulgent body treatment designed to pamper, rejuvenate and instill relaxation. A blend of exotic eastern essential oils rejuvenate, revitalise and strengthen the skin. Finishing with a Princess hydrating massage/moisturize.

**Duration: 90 min Price \$120**

#### **Spiced Chai Tisane Body Polish & Wrap**

*Dehydrated skin, sluggish or congested, devitalised or dull skin.*

A deliciously warming treatment with mineral rich clays peppered with a traditional infusion of fragrant Indian spices steeped in a green tea creme to tone, revitalise and support the skin. Finishing with a vanilla bean & cocoa body creme massage/moisturize.

**Duration: 90 min Price \$120**

#### **Pink Frangipani Body Polish & Wrap**

*Ideal for sensitive skin types, devitalised, dehydrated, mature or dull skin, sun damaged skin.*

Pink Frangipani Body Wraps is rich in pure fruit extracts and exotic oils to brighten and nourish the skin while pink French clay hydrates and tones the skin leaving it silky smooth, soft and rejuvenated. Finishing with a pink frangipani & pineapple body creme massage/moisturize.

**Duration: 90 min Price \$120**

### **Lemongrass Body Polish & Wrap**

*Congested skin, sluggish lymphatic system, devitalised or dull skin.*

Lemongrass Creme Body Treatment is a gently purifying and revitalising treatment for body and mind. A blend of lemongrass and citrus rind oils steeped in a green tea creme mousse effectively tones, decongests while hydrating the skin. Finishing with a lemongrass & green tea body creme massage/moisturize.

**Duration: 90 min Price \$120**

### **HAND & FEET TREATS**

#### **Geisha Foot Treatment**

Milk, green tea and clay foot soak, followed by a foot exfoliation to renew and refresh feet. A foot mask is applied and feet are wrapped in hot towel infused with essential oils. Treatment finishes with a foot massage & moisturize. Pure gold for this often neglected part of the body.

**Duration: 30 min Price \$40**

#### **Geisha Hand Treatment**

Milk, green tea and clay hand soak, followed by a hand exfoliation. Hands are then wrapped in a hot towel infused with essential oils. Treatment finishes with a hand & arm moisturize. Hands will feel soothed and beautifully soft.

**Duration: 30 min Price \$40**

#### **Geisha Hands & Feet Duo**

Geisha Foot Treatment & Geisha Hand Treatment

**Duration: 60 min Price \$75**

### **MANICURES & PEDICURES – Conditions apply**

#### **Mini Manicure OR Pedicure**

Duration: 30 min Price \$35

#### **Deluxe Manicure OR Pedicure**

Duration: 60 min Price \$75

Add \$20 for French Polish

### **TREATMENT PACKAGES**

#### **Express Indulgence**

Rejuvenating facial and back massage.

**Duration: 60 min Price \$75**

#### **Men's Refresh**

Back cleanse treatment, refreshing lemongrass foot soak and foot massage, followed by a 45 min hydrating facial and finishing with a rejuvenating scalp massage. A revitalizing experience!

**Duration: 2 hours Price \$145**

#### **The Executive**

1 hour massage followed by a refreshing lemongrass foot bath and foot massage, rejuvenating facial and finishing with a herbal oil scalp massage. A deeply relaxing treatment!

**Duration: 2 hours Price \$150**

#### **Winter Warming**

Mineral sea salt and aromatic oil foot soak, followed by a mud wrap and then finishing with a one hour massage using a blend of warm spice oils. Warms the body and aids circulation during the cold winter months.

**Duration: 2 hours Price \$150**

### **Timeless Beauty**

Body polish & moisturize, followed by our Hands & Feet Duo package and finishing with a rejuvenating facial.

**Duration: 2.5 hours Price \$175**

### **Pure Pampering**

Body polish, 1 hour massage & moisturize, geisha foot treatment and finishing with a 45 min hydrating facial.

**Duration: 2.5 hours Price \$195**

### **The Deluxe**

This luxurious package starts with a body polish, followed by a mineral mud wrap. Mud is then removed with either hot towels infused with essential oils or under a shower, and followed by a full body massage using an aromatic body lotion. A milk bath and green tea foot soak and foot massage follows and this luxurious treatment concludes with a rejuvenating facial and herbal oil scalp massage. A heavenly experience!

**Duration: 2.5 hours Price \$220**

### **Antony Body Treatment for Him**

A truly revitalising treatment begins with a traditional spiced chai body treatment. Begin with a papaya creme full body exfoliating massage followed by a mango butter & French clay creme infused with warming notes of cinnamon, cardamom, black pepper and star anise. While the treatment is infusing enjoy a blackberry and orange creme hair and scalp massage. Once removed the full body treatment is complete with a moisture locking creme massage layered with molten cocoa and vanilla bean.

Our therapist will then indulge you with a Foot Treatment designed to relieve aches, pains and revitalise circulation. The treatment draws on ancient massage techniques and timeless principles to create a treatment that rebalances the body while instilling relaxation. Rich in refreshing extracts of bamboo, pineapple, ginkgo biloba and mint feet will be revitalised and renewed.

Refresh with a gentlemans face treatment designed especially for men. The Mens Zone face treatment effectively cleanses and decongests the skin. A clarifying infusion of active ingredients gently purifies while rebalancing the skins natural pH. A double cleanse is followed by a kiwi fruit enzyme steam exfoliation. Relax during a cold pressed oil balancing massage and pineapple French clay masque. Finish with an antioxidant hydration treatment to promote healing and repair.

This top to toe experience is completed with a deeply relaxing shoulder and neck massage to melt away tension. Surrender to an infusion of warmed vitamin enriched oils steeped in aromatic botanicals of ginger, lemongrass, rosemary and mint. Ideal to unwind and re-energise body and mind.

**Duration: 3 hours Price \$295**

### **Cleopatra Body Treatment for Her**

This beautiful treatment begins with our Princess Royal Body Exfoliation and Wrap, a hypnotic blend of exquisite eastern essential oils layered with extracts of silk and royal jelly whipped into a golden French clay creme mousse. An indulgent body treatment which starts with a full body exfoliating massage, followed with a fragrant body cocoon layered with Indian jasmine, mandarin rind, ylang ylang and sandalwood to rejuvenate and renew. While the treatment is infusing surrender to a creme hair masque treatment bursting with blackberry, apricot, vitamins and marine collagen to increase condition and shine. Finish with a rich hydration treatment leaving skin silky smooth and soft.

Your spa therapist will then indulge your feet with a Botanical Barefoot Indulgence, an ancient treatment for the feet using techniques of massage, reflexology, aromatherapy and pure botanicals. This aromatic foot treatment relieves stress and tension while enhancing relaxation and general well being, leaving feet smooth enough to kiss! Feet will be treated to an essential oil steeped foot soak, bamboo and pineapple creme exfoliation and hydrating infusion of aromatic essential oils.

Your complexion will be rejuvenated to a youthful glow with our Moroccan Rose Hydrating Facial. A visibly rejuvenating facial treatment to boost hydration, nourish and replenish the skin while revitalising tone and texture. Begin with a deep moisture locking cleanse followed by a Pink French clay and exotic fruit gommage exfoliation. Melt into an exquisite reconditioning massage infused with a potent vitamin complex infused with a pure rose and passionflower creme masque. Finish with a rich Moroccan rose moisture treatment to promote a revitalised complexion.

To complete this full body experience, enjoy a Moroccan Rose Hand Treatment. Replenish beautiful hands and nails with an en essential oil steeped hand soak followed by a raspberry creme and walnut smoothing exfoliation. A rejuvenating hand massage is deeply infused with a hydrating cocoa butter and French clay masque. This luxurious treatment is finished with an exotic moisture boost rich in guava, Moroccan rose and vitamins.

**Duration: 3 hours Price \$295**

### **Romantic Spa Treat for 2**

Two of our therapists will pamper you both side by side. Beginning with a 1 hour massage, followed by our geisha foot treatment, and finishing with your choice of a rejuvenating facial or extra massage & scalp massage. Duration: 2 hours - Price \$295

## **BEAUTY SERVICES**

**Waxing/Hair Removal** - Waxing is only available when booking a treatment and is not offered on its own.

Eyebrow	15.00
Lip	10.00
Chin	11.00
Facial sides	13.00
1/2 Leg	28.00
Full Leg	40.00
1/2 Arm	24.00
Full Arm	28.00
Under Arm	20.00
Bikini	18.00
G-String	28.00

## **GROUP SPA PARTIES**

### **Princess Package**



**Minimum 6 people**  
**\$130 per person (Day visit)**  
**\$220 per guest with accommodation - 2 nights**

**Your choice of a 1 hour treatment**

- . Body polish & Hydration
- . Mud Wrap & Hydration
- . Aromatherapy Massage

**and a 30 minute treatment**

- . 30 Minute Massage
- . Honey Serum Facial
- . Rejuvenation Facial
- . Geisha Hand Treatment
- . Geisha Foot Treatment
- . Manicure
- . Pedicure

Extra treatments can be booked at an additional price.

We can also tailor a package especially for you. Please call our office so that we can put a package together to suit your needs.

Complimentary group make-up lesson if booking for 10 or more people on all treatments and packages. Conditions apply

Prices and treatments are subject to change without notice.

**All prices are inclusive of GST**

For enquiries & bookings please contact our office.

Office hours - Monday to Friday – 9am to 6pm  
(Call mobile outside office hours including weekends)

Phone: 02 45 73 2710 Mobile: 0415 816 903 Fax: 02 856 90533

Business Address:  
1104 Grose Vale Road, Kurrajong NSW 2758

Postal Address:  
PO Box 338, Kurrajong NSW 2758

Email: [tina@moonlightviewretreat.com.au](mailto:tina@moonlightviewretreat.com.au)

Web: [www.moonlightviewretreat.com.au](http://www.moonlightviewretreat.com.au)

**Hours for Treatments**

Monday to Saturday – 9am to 8pm

Sunday – 11.30am to 4pm

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**Cancellation Policy**

When 7 days or less notice is given to cancel a booking, 100% of value of treatments will apply.  
Treatments cannot be altered or changed 7 days prior to the booking date.